**Rivera Early College High School**

**Weekly Lesson Plan**

**2019-2020**

**Week of: 8/14/19 – 8/16/19 Fitness unit- 1st week**

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| **Lesson Components** | **Initial Instruction** | **Support** | **College & Career Readiness** |
| **Lesson Focus: Syllabus: expectations of students and needs for class.** | Handout- Syllabus and school forms with explanations of expectations and supplies needed for class. Discuss health risk factors. |  | □ Intellectual Curiosity |
| □ Reasoning |
| □ Problem Solving |
| **TEKS:** | B1,2,C1A,1B,2AB,3ABCD,4BCEF,5ABEFG | | □ Academic Behaviors |
| □ Work Habits |
| □ Academic Integrity |
| **Comprehension Purpose Question(s):**  **Why is activity important in reducing our health Risk Factors?** | **The importance of keeping gym and locker room clean. The school & gym rules and regulations. Importance of Dressing out for Hygiene purposes. School forms distributed.** |  | □ Reading Across the Curriculum |
| □ Writing Across the Curriculum |
| □ Research Across the Curriculum |
| **Resource(s):**  Teacher handout | Syllabus handout |  | □ Use of Data |
| □ Technology |
| **Common Instructional Framework** |
| **Required Materials and/or Technology:** | School Medical and code of conduct forms. | | □ Collaborative Group Work |
| □ Writing to Learn |
| □ Questioning |
| **Physical Classroom Setup:** | Squads. | | □ Scaffolding |
| □ Classroom Talk |
| □ Literacy Groups |
| **Student Grouping(s):** | Alphabetically |  | **Texas Literacy Initiative** |
| □ Think Turn Talk |
| □ Making Connections |
| **Expectations:** | Students will be signing confirming they received a Physical Education Syllabus.  Checking off students who have turned in all regulation paper work  For the front office, Nurse. | | □ Creating Mental Images |
| □ Making Inferences and Predictions |
| □ Questioning |
| **Student Product(s)/**  **Accountability:** |  |  | □ Determining Importance and Summarizing |
| □ Monitoring and Clarifying |
| **ELPS** |
| **Rubric:**  **□ grid**  **□ Likert scale**  **□ observation-based**  **checklist** | □ Reading |
| □ Writing |
| □ Listening |
| □ Speaking |